

# 2017 Volleyball Rules 16U - 11U - 8U

## Playing Rules

1. Rally scoring will be used. 25 point games/15 points deciding game. Games must be won by two (2) points. Tournament matches 2 out of 3.
2. Two (2) time outs per team per set. Time out is for one (1) minute.
3. No jewelry, watches or any accessory of hard materials may be worn during games.
4. Tennis shoes must be worn during games. (knee pads are strongly urged) Players must wear their team shirt for all games.
5. A team may touch the ball three (3) times in a row. Players may not hit the ball twice in a row.
6. The ball cannot be caught or carried. Any underhand hit with an open palm will be considered a catch or carry.
7. No double hits. Each hit must be clean or contact that player only once. A ball bouncing off head, chest, upper arms, etc. before or after the hit is considered a double hit.
8. Six (6) players will be on the court at a time during games in two (2) rows of three (3). Players must rotate when their team regains service from the left front position.
9. Coin flip will determine who will serve first.
10. The net height shall be (7feet, 4 ¼ inches). Any balls hitting an overhead obstruction will be playable unless:
  - a. it is the teams 3<sup>rd</sup> hit.
  - b. If the ball hits the ceiling/beams on a serve, the point will be awarded to the other team.
  - c. If the hits the ceiling/beams as the ball crosses the net on a volley..
11. The ball *can* hit the net on a serve.
12. Serving: We will have 3 serving lines. 8U will serve from the red line closet to the net. 10U will serve from the line located at the top of the free throw circle. 16U will serve from the normal serve line.
  - a. Your foot can NOT cross/touch the Red Line/Serving Line or it is a point for the other team.
13. Serving: If the server gets ready to serve and drops/bounces the ball and it touches the court, you will get one warning per 6 person rotation. If it is done twice in the same 6 person rotation, it will count as a point for the other team. If the server tosses the ball up in the air and catches it, it will be a point for the other team.
14. Teams must have a minimum of six (5) players to begin a match. 10 minute grace period for the 1<sup>st</sup> game of the night. There will be no grace time allowed for any games other than the 1<sup>st</sup> game (10 minute grace period).
15. Games will be scheduled every 45 mins.
16. Teams will be given 5-10 minutes to warm up between games.
17. No player may serve more than 5 times in a row. If a player serves 5 points *in a row*, her team will still have possession of the ball but everyone will rotate to the next server.
18. SUBSTUATION: All players will rotate out of the game and in the game in the same order. The coach cannot substitute one player for another. The rotation order will be established at the start of each set.
19. Note: the only exception will be for injury. Coach must notify the official that the rotation is changing for the injured player.

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